



Forest Schools Education
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Information Document:

Certificate in Outdoor Learning

Course Duration:

2 Days



The Certificate in Outdoor Learning is intended for any individual who already has a passion for using the outdoors or those who want to develop the confidence to do so. There are no minimum entry requirements as it is principally a hands-on course to inspire you to get outside with your children, irrespective of the setting or environment in which you find yourself.

You can be working with children from a range of settings and ages and the activities we cover on the course can be used directly or adapted to meet learner needs. The intention is to give a framework for outdoor learning as well as the key skills needed in which to practice safely and promote quality learning opportunities for your children.

The course will introduce you to the historical context outdoor learning is based in which will underpin the rest of the course.

The course will benefit you, your setting and your children. You will take part in a wide range of activities based on the four elements; Earth, Air, Fire and Water. You will make, build, bake, light fires and tie knots using a wide range of resources that can easily be found in the environment, at home or in your setting.

The course is linked to specific curricula requirements e.g. foundation stage, play principles, SEAL, key stage 1 or 2, but can also be adapted for older children as well.

Health and safety issues will be covered, with the assumption that learners have a basic understanding of the processes involved in being outdoors. We will be looking at the importance of risk and concentrating on the benefits of being outside.

By covering the four elements the course will enable you to take the knowledge, skills and understanding developed on the course and help you to formulate ideas and develop activities using these themes with your children.

This course is exciting, stimulating and inspiring. It is delivered by experienced practitioners who have spent many years working with a wide range of client groups outside. You will have fun, grow in your own abilities, knowledge and skills and be immediately able to take back what you have learnt to your setting where you can put into practice your new skills.

Scheme of work* for the Certificate in Outdoor Learning

Introduction to Outdoor Learning

- Historical context to outdoor learning
- Why outdoor learning is so important to individuals and communities
- Benefits vs risks – how to maximise the potential and keep your children safe
- Tools to do the job
- Sessions – ways of using the Earth
- Reflective practice; you and them
- Plenary - taking away your joy

Development of themes – the emotional and social curriculum

- Using a variety of reflections to enhance learning and reach potential
- Sessions – things to do with a piece of string
- Examining ways of supporting children's development – to be or not to be?
- Sessions – ways of using the air around you
- Plenary – transferring your passions

Working with a range of groups and linking into curricula

- Maslow and the basic needs of life, love and contentment
- Sessions – ways with fire
- Developing themes and quality provision – 10 principles of quality in the outdoors
- Sessions – ways of water
- Exploring and creative thinking
- Using your curriculum to maximum benefit
- Plenary

* Scheme of work subject to change depending of client needs.

The Certificate in Outdoor Learning is designed, delivered and endorsed by Forest Schools Education. We have many years' experience working in the industry and are proud to be able to support you on your learning journey.

This qualification can be utilised independently in your setting to assure parents, local authorities and employers that those in receipt of the Certificate in Outdoor Learning:

- Understand the **value and potential** of the outdoor environment
- Consider the **benefits** of children's safety
- Exercise **good practice** at all times in developing children holistically
- Have **confidence and experience** in providing the best opportunities for children in the outdoor environment

Optional third day!

We run an optional third day at the same venue which can be combined with the Certificate in Outdoor Learning and is highly recommended. The Outdoors and Up For It! course is a purely activity based day and provides you with a range of activities and games that you can take back to your settings. You will also **receive a free Outdoors and Up For It! book to take home with you!**

Pricing

Certificate in Outdoor Learning (2 days) £290.00

Certificate in Outdoor Learning plus one day Outdoors and Up For It! course (3 days) £350.00

For any further information, please contact the office on:

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